

Web資料3：高血圧ガイドライン2019が根拠としたランダム化比較試験（RCT）19編
頭の数字は、2019GLの引用文献番号

92 SPRINT Research Group. A Randomized Trial of Intensive versus Standard Blood-Pressure Control. *N Engl J Med.* 2015; 373:2103-2116. PMID: 26551272 (Erratum in *N Engl J Med.* 2017;377: 2506. PMID: 29262284)

269 Asayama K, et al.; Hypertension Objective Treatment Based on Measurement by Electrical Devices of Blood Pressure (HOMEDBP). Cardiovascular outcomes in the first trial of antihypertensive therapy guided by self-measured home blood pressure *Hypertens Res.* 2012; 35: 1102-1110. PMID: 22895063

410 Verdecchia P, et al.; Cardio-Sis investigators. Usual versus tight control of systolic blood pressure in non-diabetic patients with hypertension (Cardio-Sis): an open-label randomized trial. *Lancet* 2009; 374: 525-533. PMID: 19683638 (Erratum in *Lancet.*2009; 374: 880.)

466. Benavente OR, et at; SPS3 Study Group. Blood-pressure targets in patients with recent lacunar stroke: the SPS3 randomised trial *Lancet.* 2013; 382: 507-515. PMID: 23726159 (Erratum in *Lancet.*2013; 382: 506.)

488 Hansson L. The BBB Study: the effect of intensified antihypertensive treatment on the level of blood pressure, side-effects, morbidity and mortality in "well-treated" hypertensive patients. *Behandla Blod tryck Bttre. Blood Press.* 1994; 3: 248-254. PMID:7994450

489 Toto RD, et al. "Strict" blood pressure control and progression of renal disease in hypertensive nephrosclerosis. *Kidney mt.* 1995;48: 851-859. PMID: 7474675

490. Hansson L, et al.; HOT Study Group. Effects of intensive blood pressure lowering and low-dose aspirin in patients with hypertension: principal results of the Hypertension Optimal Treatment (HOT) randomised trial. *Lancet.* 1998; 351: 1755-1762. PMID:9635947

491 UK Prospective Diabetes Study Group. Tight blood pressure control and risk of macrovascular and microvascular complications in type 2 diabetes: UKPDS 38. *BMJ.* 1998; 317: 703-713. PMID9732337 (Erratum in *BMJ.* 1999; 318: 29.)

492 Estacio RO, et al. Effect of blood pressure control on diabetic microvascular complications in patients with hypertension and type 2 diabetes. *Diabetes Care.* 2000; 23 Suppl: B54-B64. PMID:10860192

- 493 Schrier RW, et al. Effects of aggressive blood pressure control in normotensive type 2 diabetic patients on albuminuria, retinopathy and strokes. *Kidney mt.* 2002; 61: 1086-1097. PMID: 11849464
- 494 Schrier R, et al. Cardiac and renal effects of standard versus rigorous blood pressure control in autosomal-dominant polycystic kidney disease: results of a seven-year prospective randomized study. *J Am Soc Nephrol.* 2002; 13: 1733-1739. PMID: 12089368
- 495 Sarnak M.J, et al. The effect of a lower target blood pressure on the progression of kidney disease: long-term follow-up of the modification of diet in renal disease study. *Ann Intern Med.* 2005;142: 342-351. PMID: 15738453
- 496 Ruggenti P, et al.; REIN-2 Study Group. Blood-pressure control for renoprotection in patients with non-diabetic chronic renal disease(REIN-2): multicentre, randomised controlled trial. *Lancet.* 2005; 365: 939-946. PMID: 15766995
497. Estacio RO, et al. Effect of intensive blood pressure control with valsartan on urinary albumin excretion in normotensive patients with type 2 diabetes. *Am J Hypertens.* 2006; 19: 1241-1248. PMID: 17161769
- 498 JATOS Study Group. Principal results of the Japanese trial to assess optimal systolic blood pressure in elderly hypertensive patients (JATOS). *Hypertens Res.* 2008; 31: 2115-2127. PMID: 19139601
- 499 Appel U, et al.; AASK Collaborative Research Group. Intensive blood-pressure control in hypertensive chronic kidney disease. *N Engl J Med.* 2010; 363: 918-929. PMID: 20818902
- 500 Cushman WC, et al.; ACCORD Study Group. Effects of intensive blood-pressure control in type 2 diabetes mellitus. *N Engl J Med.* 2010; 362: 1575-1585. PMID: 20228401
501. Ogihara T, et al.; Valsartan in Elderly Isolated Systolic Hypertension Study Group. Target blood pressure for treatment of isolated systolic hypertension in the elderly: valsartan in elderly isolated systolic hypertension study. *Hypertension.* 2010; 56: 196-202. PMID: 20530299
- 502 Wei Y, et al. Effects of intensive antihypertensive treatment on Chinese hypertensive patients older than 70 years. *J Clin Hypertens(Greenwich).* 2013; 15: 420-427. PMID: 23730991